Supplementary Table 5. Sensitivity Analysis: Era-Restricted Cohort (2021–2025 Only)[a]

Variable	Estimate	95% CI	*P*-value
CD Poisson regression-AT burden (97 CD)			
Diagnostic delay (mo)	IRR 1.00	0.99–1.01	0.856
Age at diagnosis	IRR 0.98	0.97–1.00	0.083
CD behavior (ref: Inflammatory)			
Penetrating	IRR 1.20	0.63–2.12	0.543
Stricturing	IRR 1.02	0.56–1.74	0.949
Perianal disease (ref: No)			
Yes	IRR 1.25	0.79–1.94	0.320
CD Cox regression-surgery risk (97 CD, 5 events)			
Diagnostic delay (mo)	HR 0.89	0.70–1.13	0.339
Age at diagnosis	HR 0.91	0.80–1.03	0.127

Restricted to patients diagnosed between 2021 and 2025 (n = 160; CD = 97, UC = 63). Prolonged delay (> 12 months) prevalence in 2016–2020 era: 7/57 (12.3%); in 2021–2025 era: 18/160 (11.2%).
[a]Median TTD (2021–2025): Overall 3 months, CD 4 months, UC 2 months.
CI, confidence interval; CD, Crohn's disease; AT, advanced therapy; IRR, incidence rate ratio; HR, hazard ratio; UC, ulcerative colitis; TTD, time to diagnosis.