Supplementary Table 1. Comparison of Included and Excluded Patients

Characteristic	Included (n = 243)	Excluded (n = 248)	*P*-value
Age at diagnosis (yr), median (IQR)	25 (19–33)	26 (19–35)	0.579
Sex, No. (%)			0.643
Female	103 (42)	99 (40)	
Male	140 (58)	149 (60)	
Disease subtype, No. (%)			0.039
Crohn's disease	148 (61)	173 (70)	
Ulcerative colitis	95 (39)	75 (30)	
Year of diagnosis, median (IQR)	2022 (2020–2024)	2017 (2011–2021)	< 0.001

Excluded patients lacked a recorded symptom onset date, precluding calculation of time to diagnosis.
IQR, interquartile range.